Session III Assignments (Chapters 5-7)

- Chapter 5: Self Regulation
- Focus question: Describe the four main strategies outlined in the book for self-regulation. Why is it important to teach these strategies to a student with a learning disability?

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- Chapter 6: Implementing Self-Regulation Strategies
- Chapter 7: Integrating Strategies and Self-Regulation
- Activity: Choose 3 students in your classroom. Brainstorm academic strategies and self-regulation strategies that would be beneficial to the learner. Write a short paragraph describing each of the chosen students and strategies. Include an explanation of how could you combine these strategies to increase effect.
  - Example can be found on p. 111 entitled, "Self Monitoring, Goal Setting, Spelling Strategy"

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